



Divine Flower and Nature Essences Guide Sheet

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1	Royal Welcome - Welcome to Earth, reconnection, inclusion, sovereignty, illness recovery, return from darkness, aura restoration, soul retrieval, communication with Higher Self, connection to soul family, worthiness	12	Divine Love - Unconditional, authentic Love, Self Love, Compassion, Reconnection to One, Seeing all as One. Opening one's heart to All, mother child bonding, ability to receive and give love, One Love, One Heart
2	Golden Chalice - Awakens the Christ Consciousness through the Grail Codes, re-establish family ties, true prosperity, female & male balance, grief, trauma recovery	13	Divine Timing - Clairsentience, claircognisance, knowing right time to act, connect to higher consciousness, in synch with the flow, punctual, ability to expand time, boundaries, mindfulness, flexibility
3	Divine Feminine -Power of thought, mental clarity and control, sacredness, powerful, fertility, increases libido, sexual ownership, restores rhythm of cycle, restores fertility and power of the womb, ability to manifest, clears the codes of desecration of the masculine	14	Divine Knowing - Confidence, decision making, Law of Attraction, inner knowing, wisdom, memory, understanding, learning, clairsentience, claircognisance, knowing true value
4	Divine Masculine - Gentle, receptive, radiant, power without force, intuition, awaken to needs of feminine, unburdened by expectations, true masculine grace, clears the codes of desecration of the feminine	15	Royal Heart -Opens and unfurls the doors to the Sacred Heart Centre, deep Love, express feelings, in touch with feelings, commitment, intimacy, rebirth, eternal love, transcendent love, Spiritual Love
5	Emissary of Peace - Peaceful, accepting, powerful, maturity, courage, balances stomach, heart, neck & head tension, inner child healing, removes codes of war (divorce & gangs), central nervous system communication	16	Divine Passion - Direction, passion, creativity, action, movement, clairvoyance, clairaudience, gut instinct, fire in belly, erectile function
6	Sweet Surrender - Reflection, stillness, meditation, trust, passing over peacefully, guidance, ability to see big picture, acceptance, help with depression and holding onto the past of worry of the future, power of Now, ends procrastination.	17	Divine Respect -Respect for all forms of feminine, nurturance, assists labour, hydration, emotion, physical & spiritual comfort, restoration of the land and water. Horn of Plenty for abundance and supply
7	Divine Purity - Purification on all levels, virginal innocence, clears negative sexual experiences, restores imbalance to all systems, calms autonomic nervous system (adrenal support), cell regeneration	18	Divine Flow - Going with the Flow, allowance, resetting sacred geometry for Blueprint of Creation's Divine Plan for people and Earth, freedom to be self, sacred contracts and values, reclaim body's wisdom for healing and labour
8	Divine Patience - Faith, patience, synchronicity, clears & balances solar plexus, unlocks nervousness, digestion in harmony with liver & pancreas, pleasure and savouring of eating, mental & physical toxin flush	19	Divine Song - Recalibrates and purifies voice, powerful ability to create and amplify one's intention for manifestation, awakens soul songs and language, Song of Creation, Song of the Whales – One Song for Humanity
9	Divine Grace - Loving, allowance, unimpeded flow of Grace, gratitude, release endorphins, balances left & right brain, awakens synapse in brain, balances thyroid, softens resistance	20	Divine Ecstasy - Activates love of life, frees sexuality from indoctrination, creativity, stamina, increase life force, manifestation of creation, trilogy flames of creation from Soul Star chakra, safe journey of kundalini
10	Divine Truth - Honesty, authenticity, transparency, personal responsibility, supports entire digestive system, ability to speak one's truth, clears blocked emotions in all chakras,	21	Divine Trust - Powerful Men's Healer (for women also), restores trust in self, in God, in men, clears wounds of betrayal, reconnects trust in the group, support for skin problems, boils, STD, helps safe release of boiling rage
11	Divine Revelation - Openness, self discovery, self acceptance of shadow, reveals hidden talents & gifts, intuition, soul liberation, spiritual & sexual freedom, freedom from addiction, nightmares, denial, time to reveal true self to the world	22	Divine Joy - Uplifting joy and gratitude, reconnection to community, awakens and activates living values, depression support

23	Divine Devotion - Men's (women's) nurturance for the workaholic, clears burdens of too many responsibilities, return to the family, to know who and what is important, prevent disaster,	36	Divine Gratitude - Unfurls you like a flower opening to face the sun boldly, fill with light and expand. Gratitude activates Law of Attraction
24	Divine Justice - Natural justice, fairness, freedom from addictions and co-dependence, let go of judgement, truth in language, freedom of deception and trickery	37	Divine Temple - Letting go of attachments, freedom to enter the divine temple without expectations, sanctuary, access to healing temples in meditation
25	Divine Sovereignty Ceremonial essence Equality, freedom from slavery and suppression, restore codes of royalty, freedom from bullying, recalibrates the dominator codes	38	Divine Ascension - Spiritual progress through the levels whilst anchoring to earth as a base – so below, so above – opens news doors of 3 rd eye
26	Divine Wisdom Witness in full truth, open to see all dimensions, understanding from eagles point of view, humility to learn from experience, clears painful humiliation of being called “stupid”	39	Divine Unity - Universal law of unity to body systems, groups, families, communities and culture, adolescent men, peace through unity, celebration of coming together
27	Divine Nurture - Nourishes the body with nurturing love to full receive and absorb nutrients from food. Support for eating disorders and shedding weight. Awakens telepathy and animal communication	40	Divine Initiation – Support for change, courage to walk through door of change, rites of passage, clearing wounds held in DNA of sadistic initiation rites, prepare for entrance for higher realms & frequencies, new ways of living, aware of signs & directions, dedication to spiritual path
28	Divine Reconciliation – Acceptance. Healing for deep soul wounds, broken hearts, grief from loss of culture, loss of family/children (Stolen Generation and Institutional Abandonment), unspeakable acts and gang/war rape. Encourages willingness to heal and open to a new future. Reconciliation of the Divine Feminine and Masculine.	41	Divine Completion – Circle of Life, support for birth, death & rebirth, ending relationships, completing projects, journeys, finishing up old business, enjoy life more fully, lushness of life, fulfilment, fruition – fruit of life
29	Divine Purpose - Illuminating the path of purpose, dissolving blocks and excuses, dedication and commitment to souls purpose	42	Divine Sanctuary – recovery from poverty and financial distress, creates sanctuary within self and home. Safe to receive.
30	Divine Courage - Courage to acknowledge and love inner demons, accepting truth of own creation, courage to commitment to purpose, migraines & liver/gallbladder	43	Divine Self Love – Loving, forgiving and compassion for self, self sacrifice and self punishment
31	Divine Union Ceremonial essence - Home Coming, awakening remembrance of wholeness, joy and reunion of divinity – Divine Marriage of Feminine and Masculine – essence of celebration, euphoria –	44	Divine Self Worth – Empty, insatiable craving for attention, eaten away inside, looking for validation and value from others, worthiness from the inside out, standing straight, empowered, abundant, visible, supports healthy emotional release
32	Divine Growth - Uplifting you through the levels of your personal/spiritual growth to shine fully in the fulfilment of your highest potential. No settling for mediocrity, going for gold... “wind beneath my wings”	45	Divine Innocence – Maintains innocence of the child, childhood wounds from excessive discipline, emotional abuse, protective shield from negative influences, servant leadership, humility, calmness, washes away wounds, prevents bullying, for teachers, parents and children.
33	Divine Communication -Communicate confidently, logically, clearly and with purpose. Assists with writing chapter by chapter, in steps. For spiritual/automatic writing – connection to Arch Angel Gabrielle	46	Divine Guidance – Everyday support directly from God, listening to inner guidance, worthy to speak directly to God, open heart to soul, peace, tranquillity, purity, calming central nervous system, support for ear, eyes, nose and skin (burns, allergies, colds)
34	Divine Protection - Divine Mother's Protective energy creating a safe place for emotional release, opens our hearts to see all as Divine Mother sees her children without discrimination. Reset the illusionary stories we have created through fear.	47	Divine Tribe – Medicine drums call all families of many colours coming together, resolving division whilst maintain healthy boundaries, working together for healing of our planet and humanity, stability, groundedness, support for families facing divorce
35	Divine Expansion - Support to open up new frontiers of expansion whilst deeply rooted to earth, let go of limitations of the past, fear of the new and unknown, be in tune with pulse of life, safe to explore	48	Divine Resonance – Attuning and recalibrating your energy field to the resonance of higher states of love, rewiring electrical pulses of nervous system, protection from harmful electromagnetic fields

49	Divine Glory – Breakthrough to higher states of consciousness, rejuvenating pick-me-up of power and strength	50	Divine Giving – Restoration for people who are emotionally and physically bankrupted, shower of golden appreciation and acknowledgement for all that you do.
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Blends

Divine Wealth Royal Welcome, Golden Chalice, Divine Grace, Love, Respect, Knowing Gratitude, Sanctuary, Self Love, Self Worth	Attunes you to being the receptive cup for true wealth and abundance on all levels. Preparing you for the changes of monetary system of the New Earth	Divine Phoenix Sweet Surrender, Divine Trust, Love, Truth, Grace, Flow, Purity, Joy, Justice	Assist the process of transformation through the Rite of Passage of personal growth, passing over and major changes. This blend gives you the support and trust in self and God to negotiate the changes with ease and grace
Divine Twin Flame Divine Feminine, Divine Masculine, Emissary of Peace, Purity, Patience, Truth, Love, Timing, Royal Lincoln	Prepares you for your SoulMate by clearing and recalibrating the impediments of your heart and childhood trauma to transform your energy to higher vibrations. Balances and reconciles your Feminine and Masculine energies in your heart and then Calls to your SoulMate to come. Upgrades your relationship with self and ability to choose better for self	Divine Man Divine Masculine, Emissary of Peace, Divine Devotion, Trust, Truth, Wisdom, Song, Justice, Reconciliation, Royal Lincoln	Supporting men to awaken from their numb state of dysfunctional patriarchy to return to their natural and healthy state of Divine Masculine – a powerful radiant man without force.
Divine Harmony Divine Grace, Divine Purity, Divine Patience	Restores the harmony in your world – balances and revitalises all systems. A stress buster on all levels. Wonderful for children to relax .	Divine Woman Divine Feminine, Purity, Grace, Truth, Revelation, Respect, Love, Nurture, Joy, Reconciliation, Flow, Patience, Trust	Helping each woman to balance on all levels and flourish, restoring her innate gifts and talents, recalibrating her relationship of self-love and appreciation, liberating herself worth and value to stand equally beside their Divine Masculine in their authentic nature and power.
Divine Success Royal Welcome, Golden Chalice, Divine Timing, Knowing, Passion, Love, Respect, Flow	8 flowers to activate the 8 Keystones of Success and Abundance for Entrepreneurs & Networkers. Also for students and anyone require focus and effort towards a goal	Divine Path Divine Purpose, Courage, Passion, Love, Truth, Flow, Royal Heart, Expansion, Initiation	Helping people find their true path in life for career, service, spirituality through clarity and awareness. The path will be illuminated so clearly that it absurd to do anything else. This will also strengthen ones courage and refine Law of Attraction for resources to support their path.
Divine Cleanse Sweet Surrender, Divine Purity, Patience, Timing, Grace, Truth, Love, Respect, Flow, Trust	Powerful and Gentle Spring clean on all levels – Mental, Emotional, Physical, Spiritual - Detoxes with Divine Intelligence	Divine Space Divine Sovereignty, Sanctuary, Protection, Purity, Unity, Grace, Love, Respect, Joy, Temple, Emissary of Peace, Golden Chalice, Royal Welcome	Bringing nature’s divinity inside creating a pure loving space for you to live, meditate and work
Paradise Heart Divine Passion, Love, Grace, Respect, Joy, Truth, Golden Chalice, Royal Lincoln	Imagine having that “holiday in paradise” feeling more often. These flowers will awaken your remembrance to relax and play in Garden of Eden. Co-create from a place of beauty	Divine Child Royal Welcome, Golden Chalice, Royal Heart, Divine Self Love, Self Worth, Innocence, Protection	Unburdened and Innocent, protected from untruths and negative influences.
Awaken Intuition Royal Welcome Divine Knowing, Love, Respect, Timing, Truth, Purity, Patience, Revelation, Flow, Feminine, Wisdom, Ascension	Flowers gathering together to help you awaken your intuitive senses	Divine Meditation Divine Guidance, Sweet Surrender, Divine Innocence, Protection, Expansion, Temple, Trust, Truth, Grace, Purity, Love	Opening to guidance as we go about our daily life. Creating stillness within the busyness of our day
Divine Freedom Golden Chalice, Divine Justice, Purity, Revelation, Love, Respect, Truth, Trust Nurture	Break free from addictions, co-dependence and any situation where you feel imprisoned	Divine Help Royal Welcome, Golden Chalice, Emissary of Peace, Divine Growth, Trust, Unity, Protection, Courage, Guidance, Tribe	Support during times of trauma, stress and difficult times
Divine Sovereignty Blend is simply a dose essence of Divine Sovereignty stock	Personal power and equality, helps to reclaim your rights in all areas of suppression and slavery – equality – politics, education, church, indigenous, finance and law.	Divine Service Divine Resonance, Divine Glory, Divine Giving	Support and care for people giving service to humanity and the planet

Divine Earth

A powerful blend of 20 essences for the restoration of water/land quality and fertility. It clears imprinting of pollution, contamination, war, bloodshed, drought, fire & de-forestation, chemtrails and to assist the bees. Place in drains, toilets, waterways, mines, housing development, veggie garden, polluted areas and wherever you are guided to use it. *Not to be taken*

Welcome to One Garden Divine Flower and Nature Essences

Flower Essences are an advanced form of vibrational energy medicine made from the spiritual energy of the flower. The flower surrenders its spiritual body to the Mother Tincture so that it can be of loving service to humanity. The making of flower essences is a spiritual and sacred event. It is no less important than the birth of a human child. It is an alchemical process involving Plant, Spiritual & Animal Kingdoms and Humankind. The Deva and Angels of the flowers remain with you during the healing process. The healing process is overseen by your I AM Presence.

Stock Essence can be diluted to make a *Dose Essence*. This way you can extend the *Stock Essence* substantially. Alternatively, you can take the *Stock Essence* by placing 8 drops under your tongue two times per day.

Dose Essence is made by placing 8 drops of the *Stock Essence* into 25% brandy and 75% pure water. Use a 25 – 30 ml dropper medicine bottle. These measurements apply up to 30mls of brandy/water solution. If you wish to make more, double the drops. That is 31 – 60 mls is 16 drops, 61 – 90 mls use 24 drops etc. Take 8 drops x 2 per day until finished.

The optimal time to take flower essences is last thing at night and upon wakening in the morning. This is the time you are most receptive to the changing/healing qualities of the essences. However, any other time is fine. Trust your own intuition and guidance for the time that suits you.

Please store away from any electromagnetic fields or extreme heat. Flower Essences have no known contraindications and can be taken with allopathic medicines and other natural remedies including homeopathies. Flower Essences can be taken if you have allergies to pollens etc. Place on skin for babies. There are alternative solutions for alcohol sensitive people. Flower essences do not replace professional medical advice. If problems persist seek professional health care.

These essences can be taken orally, applied to skin, sprayed into the environment, added to baths (8 drops) or added to food and beverages.

We recommend that you keep a journal whilst taking the essences. This is a way of tracking changes that occur. With any vibrational medicine, the changes can be very deep and subtle. We love your feedback. Please let us know of your experience when taking these essences.

Infinite Blessings, Gratitude and Love

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