



March 2009
Volume 1, Issue 2

Catalyst Garden

Life's Natural Catalyst Pty Ltd

Aloha - Divine Love & Revelation Born!

News this month:

Birth of Divine Love
Birth of Divine Revelation

Coming Events:

ABFE Brisbane Workshop
Autumn Equinox 2009 -
Divine Peace Labyrinth Walk

Visit our website:
www.lifesnaturalcatalyst.com
New articles, products and links

Urgent Book Now!

Christiana is teaching
**Australian Bush Flower
Essence Level 1
Workshop in Brisbane**
Saturday and Sunday
28 & 29 March
For bookings contact Gabrielle
07 3878 9371 or email
gabrielle@globalessences.com.au



Divine Love Born 14th February 2009

February has been an extraordinary month of Love and celebration. St Valentine's Day, 14th February was not only the traditional celebration of romantic love, but also an important day in our astrological history. The unique alignment of planets heralded the Dawning of the Age of Aquarius. To celebrate this remarkable event, two new flower essences were born - **Divine Love** and **Divine Revelation** - more about these amazing flowers on Page 2.

I also celebrated my 50th birthday with a gathering of dear friends and family here on the Gold Coast. It was truly the best birthday I have ever had. It is so joyous with all the hard years behind me, to now be in a place of such love, aliveness and fulfilment. I certainly give much gratitude to the flowers, Reiki, my teachers and my gutsy determination to live the expression of Love for my current state of being.

Graeme and I are getting use to managing the website. We have progressed from L to P plates by adding two more articles to the website and preparing more to be published soon.

Our **Friends and Links** page is new too. As an Aquarian, I am always looking at creating new expressions for humanity. This is also reflected in the healing qualities in many flowers of One Garden. If we are to progress as a

community, it is important to **stop** doing the things that separate us and to **start** doing the things that bring us together. We now have to take action and "**BE** the change we want to see in the world". (*Thanks Gandhi for those inspiring words.*) Eliminating competition is one of a thousand actions we can consciously take. By replacing competition with collaboration and supporting each other, particularly in business, is a great way to start. It is all about faith, trust and open heartedness; knowing we all have a place and purpose in life and there is plenty of business for all. With this firmly understood, we are very happy to promote our friends in their endeavours - hence our Friends and Links page on our website. You know when it is a right action, when you get the warm fuzzies. It is your body telling you that you are in alignment with **all that is yummy** - spreading the Love around.

We are working on collating the healing qualities of each flower essence in an easy reference guide that covers the physical, emotional/mental and the spiritual aspects. It is our role to ensure you receive user friendly information about how the essences can help you and your family in your everyday lives.



Christiana's 50th

*Why have a little cake when
you can have a big one!*

*Until next time, open your heart and
let the Love flow. Blessings Christiana*



*Divine Revelations of the
Bat Plant from New Guinea*

Divine Revelation

When I first saw the amazing Bat Plant I was “gob smacked” by its intricate, mysterious structures and its *Doctrine of Signatures*. The mystery of this plant invoked much curiosity and intrigue. I decided not to rush but allow the flower to reveal its secrets to me, step by step. I chuckled when I realised this was its first offering of healing.

These are the words it shared with me:

“The darkness before the dawn is the most significant time as the last breath of night is taken before the light pervades the land, creeping into every nook and cranny, shedding light on the hidden and unseen, waiting to be discovered. The mysteries and secrets are revealed in the light. Hidden treasures of talent, intuition and blessings are revealed.”

Divine Revelation is one of the most significant flowers I have birthed. It offers us the most essential help to advance our personal and spiritual growth. We cannot fully embrace love until we fully embrace our shadow. Until this aspect of our healing is complete, it is like climbing a slippery pole. This flower reveals the hidden treasures that lie within us so we can finally get traction and progress forward. That is why this flower is a perfect partner with Divine Love as it lovingly assists us for a greater expression of love - Divine Love.

It is helpful support for: Open communication, revealing what’s in the shadows, seeing the truth without judgment or fear and addictions.

I will be writing a lot more on both these flowers and this will be available on our website soon.

Divine Love

With each flower there are many levels of healing. They offer support for our physical, emotional, mental and spiritual problems. When a flower essence is born, it is like getting to know a new baby. We have discovered that Divine Love has a very special purpose and we are deeply blessed for its presence.

Divine Love is a beautiful essence that awakens the caring, compassionate love inside our hearts that transcends the barriers and re-establishes the truth that **We Are One**. Divine Love is True Love, Mature Love - whole and infinite. Divine Love helps us to move from a small insular heart to a big universal heart.

Divine Love says:

“This is the flower of Love, not any love, but Divine Love. A Love that transcends all, pervades all and is everlasting. This is a love that people enter into at their conception as a Spirit from the very beginning. All attempts to push it away fail, ultimately, it is undeniable.

Divine Love dissolves all barriers and judgment. When this is finally

recognised it will cause people to awaken with the grandest vision to see all, feel all and know all as One.

Be blessed by this flower to love you deeply; to cultivate an environment and safety for you to love yourself deeply, to love others deeply.

It will feel like a miracle, but this is not quite true, for it has always been and simply was forgotten! Love all, Love one, it is the same. What the world needs now is Love, Divine Love.”

The Age of Aquarius is the time for us to move from self centered love, to global love. Divine Love is here to help us make that significant shift. When we transform to this focus, we can finally see much of the war, corruption and cruelty dissolve. This will occur on every level, from our households, suburbia, nations and group leaders.

Divine Love supports a shift to unconditional and authentic love.

It supports clearing annoying, negative self talk, low self esteem, abuse, giving and receiving.

I look forward to seeing the full measure of this flower at work.



*“What the world needs now is
Love - Divine Love.”*



Rose Quartz Labyrinth

*Aloha - is the
Hawaiian word used to
express greeting,
farewells or love*

2009 Autumn Equinox Divine Peace Labyrinth Walk

Many years ago I discovered the amazing transformation energy of labyrinths and hosted full moon walks at a special labyrinth in Canberra. When I was in Glastonbury, UK, I studied with world renown labyrinth expert, Sid Lonegren.

Two years ago I connected with the work of David Adams from Dolphin Empowerment (SA) who has been given themed Labyrinths Master Realms to walk in alignment with emerging energies of each year for the benefit of the Planet in Harmony with the beloved oceans of the World.

Last Spring Equinox Labyrinth walk was incredibly special. The energy was so loving and nourishing no one wanted to go home!

We each have a special gift to bring to the healing and ascension work, so I ask

you all to open your Hearts wide and give your gift as you walk the Labyrinth of Divine Peace on March 20th at around 8pm (will check tide times), on Currumbin Beach, Gold Coast (south end of surf club).

Do not worry if you have never walked a labyrinth before. It's easy! I will guide you through the process. This is just as much for the beginner as the spiritually seasoned. Just think about what you wish to discard from your consciousness and what new patterns of Love and Peace you wish to draw into your life.

Bring drinking water, a jacket and a torch.

No need to book but give me call on 0407 928 524 for updates on tide times and weather.



"Labyrinths are amazing tools. They can work real magic - moments that bring worlds together."
Sid Lonegren



Australian Bush Flower Essence Level I Workshop

In 1998, the Australian Bush Flower Essence Level I Workshop activated my work with flower essences.

It is where I heard the magical words that are music to a natural therapist's ears "flower essences can do no harm".

I learned about the history and how to make flower essences; doctrine of signatures and balancing hormones using the essences.

I started teaching workshops in 2002 and will be teaching on 28 & 29 March in Brisbane. I will also be teaching in Sydney and Canberra in April and July.

*Hurry! Get the early bird price by contacting Gabrielle on
07 3878 9371
gabrielle@globalesences.com.au*



Testimonials

Divine Feminine

"My feedback on the Divine Feminine, I feel more quietly confident and focussed and more at ease with myself, I feel like I am taller and am more natural. I am less worried about problems that I imagine I have about my personality. And feel stronger to carry out actions that before I would have not done or felt nervous about. My confidence has increased and it was just the essence I needed. So thank you for your range of essences, I cannot wait to try another one." Shelley, Homeopath, Brisbane

Thank you so much for your feedback on Divine Feminine. Your words are so very valuable. When a flower essence is birthed, it shares information with me, but it is not until it is taken by the people it is meant to help that it reveals its true wisdom. This is what really counts. Again thank you.

Love Christiana

